

## The Oracle of Delphi

### *A Vision*



Near the source of Kastalia, where it is said that the "lalon water" flowed, the water that spoke and gave oracles, was built the temple of Apollo, the Theatre and the Stadium of Delphi. In this place, the soul, mind and body became one and led man to "know himself".

The word "Delphi" means "brothers" and is etymologically related to the word "dolphin". Many envisioned in this place the creation of a global spiritual centre where all arts, cultures, languages would find a common home, without borders and discrimination. A home where ideas would flow freely and through the process of osmosis would give new horizons to the world.

The pioneers of this idea were Angelos Sikelianos, Eva Palmer, Penelope Sikelianos, Isadora Duncan, Raymond Duncan. They wanted the dolphins of Apollo to reach all peoples through Pontus, the sea that unites us, and to sing the song of Peace.

### **Women of the Mediterranean : Reviving the Voices**

*site – specific, interactive performances, research, oral history workshops*

We are children of the Sea.  
This is our unifying point.  
And the sea, like nature, is female.

I wonder where all those voices that sang the Truth have gone?  
What could have happened and the stories, the achievements, the writings, the philosophy, the poetry were buried in oblivion?

The connecting link in an absurd world is the female archetype and what it represents : compassion, empathy, beauty, understanding.

For this world to continue to exist, it is necessary to ignite and nourish the elements that make the Soul of Man, and subsequently, of the World (Anima Mundi), alive.  
To hear again the voices of grandmothers, to tell stories around the fire or in the village square, to pass knowledge from one generation to another, to discover poems and writings of women who never came to light, to sing, to play their words, to dance their dances.

Our starting point is the small villages of the Mediterranean like those of Southern Italy and Greece where the art of cities does not often reach but the art of life is intertwined with the people.

Using Poetry, Dance, Theatre, Literature, Mythology as a vehicle, we revive poets and women writers of the Mediterranean - voices that perhaps have never been heard - we bring their stories to light, we dance the myths that speak of woman as Priestess, Daughter, Mother, Goddess, Mother Earth. But what we desperately want is your own story, your own song, your own dance. To create it, here, now, quickly.

Because me and you, Maria, Lucia, Anna, Dolores, we are one. The creative power is within us and only we, together, united, can build a better world, a world of peace.

**In Action :** A tour of the Mediterranean villages, where the group presents already completed performances but at the same time organizes narrative and art workshops for the local women, where narrative material is collected which is then transformed into a brand new work - performance with the participation of the inhabitants.

The project can be achieved in two stages : the first tour is for the integrated performances and workshops, while the second tour is for the workshops to create a work of art that will result from the women's narratives. The final presentation can involve the women themselves, the residents and of course the artists. The means of implementation are varied and lie in the imagination of the participants.

**Inspiration :** The site - specific performances are hybrid creations, made from the materials of poetry, cinemascope, theatre, dance, literature such as the choreographies of Isadora Duncan, Aristophanes with *Lysistrata* and *Themistresses*, poetry and writings from hitherto unknown Mediterranean authors.

**Objective :** The research, the osmosis, the transmission of the cultural and cultural heritage of the region. The artistic empowerment of the communities of small towns and villages, the recording of customs, the instilling of the creative act within each person. Communication and research on the artistic contribution - and not only - of female creators, unknown to most of the world. The collection of new narrative material.

Alkistis Voulgari,  
25/1/2024,  
Athens, Greece

## Work Samples



• **The 10th Muse (2022)** : Personal journal on the Art of Isadora Duncan, the «mother of the modern dance».

Website : <https://filmfreeway.com/The10thMuse>

Trailer : <https://youtu.be/p6U43iiXpdo>



• **Women of Saos (2022)** : Quokka, the artistic duo of Alkistis Voulgari and Mina Kouvara, embarked on a research journey in Samothrace, to connect with local women, especially farmers.

Website : <https://filmfreeway.com/WomenofSaos>

YouTube preview : <https://youtu.be/gte9AasGRBk>



• **Travel through Time (2019)** : Reviving Isadora Duncan's choreographies  
*Live site – specific performance*



• **Medea's Paradox (2023)** : podcast

link : <https://m.youtube.com/watch?v=yOIATI4EmDo>

• **I SEE YOU (2022)**

<https://filmfreeway.com/ISEEYOU048>

Woman Scream (Grito de Mujer®) – «I SEE YOU», Official Selection for Anthology, Dominican Republic and The World

[www.womanscreamfestival.com](http://www.womanscreamfestival.com)

Lyrics :

I saw you running naked to survive

I saw you with a pen writing in the darkness

I saw all of your writings on fire

By Madmen

I saw you giving birth to those Madmen

I saw you raising them

I saw you crying in desperation, isolation, humiliation

I saw all of your philosophies and poems stolen,

Broken, renamed

I saw you naked running to survive

I saw all of your children taking your rapist's name, surname, nickname

I saw all of your life in slavery

Your voice in silence

Your name destined to be buried in history

In their books, in their files, in their libraries

I saw all of your discoveries stolen and stolen again and stolen again

- And, yes, I will scream it loud – by Madmen!

I saw your life broken a thousand times a billion times a trillion times

And I shall repeat those words forever and ever

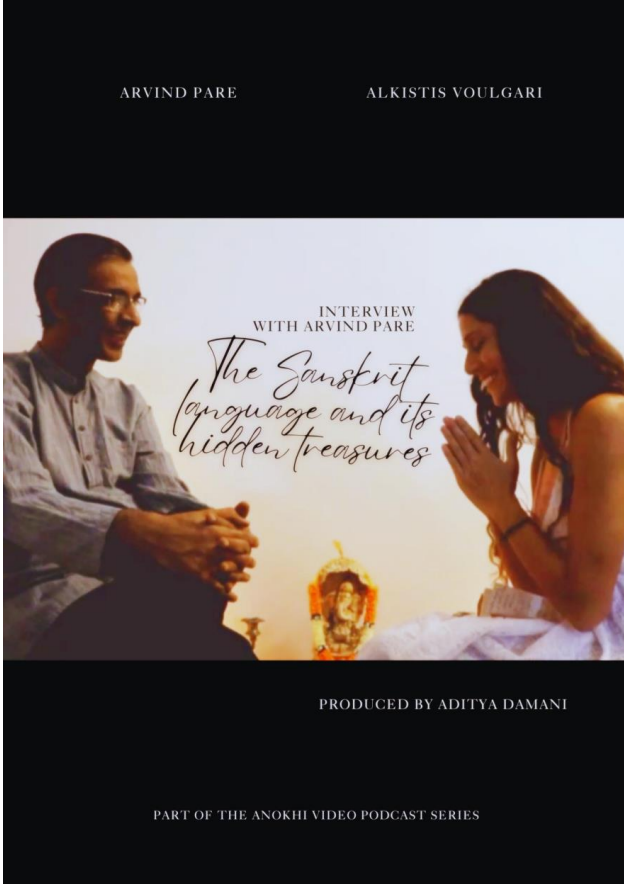
Until I see you free

Until I see you Free

Standing on your feet  
Taking back your Life

You, woman, you, girl  
Recall your Name  
Revoice your Voice  
Relive your Life  
Revive your Work  
Reborn the Human  
Reborn the Man

'Cause you are the Womb  
The Womb of Life  
The Wo ~ Man



• **The Sanskrit language and its hidden treasures (2024)** : An exceptional interview with Arvind Pare on the Sanskrit language and the treasures hidden in the Puranas, the Upanishads, the Yoga Sutras, the Bhagavad-Gita.

Language defines our culture and our way of expression. Ultimately, language is who we are. Let's explore the world's most ancient language and the breathtaking value of its teachings.

Website : <https://filmfreeway.com/TheSanskritlanguageanditshiddentreasures>



Trailer : <https://youtu.be/LYCDOOJMpA0>

YouTube preview : <https://youtu.be/o6nNavAcPIA?feature=shared>



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Alkistis Voulgari was born in Athens, Greece. She is an actress and dancer, specialising in the dance technique of Isadora Duncan.

For the last three years she has been experimenting with her own film and performance creations, incorporating theatre, poetry, literature, dance and radio art.

Her work has been presented internationally.

Alkistis is gradually visualising and working on the reconnection of theatre with its natural roots through improvisation and exploration of the primitive idea in an open natural space where the film camera becomes the ‘director’s eye’ and an eternal narrative of theatrical, performative, human and life experience.

Cv : <https://drive.google.com/file/d/1Yozl9aJHLPToVoXJl9rVZDs1zqPlS-oM/view?usp=drivesdk>